## Henley Squash Coaching

Whether you're looking to refine your game, make the next level, or just starting out, Adam creates a friendly learning environment that will get you moving ahead



## Adam Edge

England Squash Level 3 Coach

## 40 minute coaching sessions:

- Individual
- Coaching in pairs\*
- Group sessions\* (3 or 4 players)

Note: in all cases participants must book the court \*The club can help you find a partner if you want

## Your Coach: Adam Edge

Adam is an England Squash Level 3 Coach and brings a wealth of playing experience having represented Bucks at junior, men's and over 35's teams, and coaches Adults and Juniors

**Contact Adam** directly for prices & offers on 07780 700489 or email <u>Lunge06@hotmail.co.uk</u>

Henley Squash Club